Evaluation of bone health within blood is a challenge. Vitamin D, PTH and bone turnover markers like P1NP and CTx are the most frequently used biomarkers. However, do all these biomarkers have true clinical value in the diagnosis and follow up of patients with bone (related) diseases? What are the analytical possibilities? Moreover, what unmet clinical needs exist in the field of biomarkers for bone health? And will we be able to fulfill these needs in the future in the laboratory?

These questions will be answered by national and international experts in the field during the symposium preceding the PhD defenses of Mariska Vlot and Niek Dirks in the VU University in Amsterdam.

Laboratory evaluation & Unmet clinical needs of bone health

March 23

9.45h-9.55h Introduction

Laboratory evaluation of bone health

9.55h-10:25h Clinical utility and analytical possibilities: current status Drs Mariska Vlot and Drs Niek Dirks

10.25h-10.50h coffee break

Bone health: unmet clinical needs 10:50h-11:00h What are "unmet clinical needs"? Prof Dr Christa Cobbaert

11:00h-11:20h **The endocrine perspective** Prof Dr Barbara Obermayer-Pietsch

11:20h-11:40h **The nephrology perspective** Prof Dr Marc Vervloet

11:40-12:00h coffee break

Laboratory evaluation of bone health 12:00h-12:20h Future perspectives Prof Dr Etienne Cavalier

12:20-12:30h Closing remarks

Lunch

13:45h PhD defense Mariska Vlot

15:45h PhD defense Niek Dirks

## Speakers:

<u>Drs Mariska Vlot</u> PhD student at Amsterdam UMC, Amsterdam Internist- endocrinologist in St Jansdal hospital, Harderwijk

## Drs Niek Dirks

PhD student at Amsterdam UMC, Amsterdam Clinical chemist in residence at Atal Medial, Amsterdam

## Prof Dr Christa Cobbaert

Laboratory specialist and head of the Clinical Chemistry and Laboratory Medicine department at Leiden University Medical Center, Leiden Vice Chair of the IFCC Scientific Division (International Federation of Clinical Chemistry)



## Prof Dr Barbara Obermayer-Pietsch

Internist endocrinologist and head of the department of Endocrinology at the University Hospital Graz, Austria Board member and Chair of the research committee of the European Calcified Tissue Society

## Prof Dr Marc Vervloet (Amsterdam UMC)

Nephrologist at the Amsterdam UMC, Amsterdam Chair of the ERA-EDTA working group on CKD-MBD (Chronic Kidney Disease – Mineral Bone Disorder)

# Prof Dr Etienne Cavalier

Clinical Chemist and head of the Clinical Chemistry department at Centre Hospitalier Universitaire de Liège, Belgium Chair of the IFCC Bone Committee (International Federation of Clinical Chemistry)

#### **Organization Committee**

Dr Ir Mariette Ackermans, Endocrine Laboratory, dept. of Clinical Chemistry Prof Dr Martin den Heijer, dept. of Internal Medicine, Endocrinology Dr Annemieke Heijboer, Endocrine Laboratory, dept. of Clinical Chemistry Prof Dr Robert de Jonge, dept. of Clinical Chemistry *Amsterdam UMC* 

#### Registration

Registration for the symposium is free of charge. To organize the catering please register before March 1, 2020: <u>a.vannieuwkoop@amsterdamumc.nl</u>. Please include your BIG number/debiteur number if applicable.

# Location

Auditorium, Hoofdgebouw, VU University, de Boelelaan 1105, 1081 HV Amsterdam

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